

Some people prefer to spend their lives doing the same things and avoiding change. Others, however, think that change is always a good thing.

Discuss both these views and give your own opinion.

In this day and age, changes can be seen considerably all over the world and people need to constantly adapt in order to keep pace with ~~this moot point~~them. However, there are some groups who cannot accept change in their life.

In my opinion, every individual has their own specific personality which is affected by the manner of upbringing and also the genetic features. In other words, some people tend to live-be on their safe side in every situation. Those who prefer to do the same things in their whole ~~of the~~ life are more conservative. From the ~~mental-psychological~~ standpoint, if such people experience changes even temporary ones, not only may they feel less secure but also they might get sick because of stress. Therefore, personal characteristics play an important role in this regard. Moreover, the atmosphere of such families meaning the attitude and advices of each member causes s regrettably negative impacts which in turn leads to preventing them from experiencing new different situations in life, hence their uniform choices for ever.

On the other hand, my firm conviction is that only if everybody experiences s various events and conditions, will they achieve precious goals in order to enjoy life. For instance, in terms of possession, those who have more risk power in life are generally more successful. Besides, creativity is another main factor which is obtained through this way, so the advantages of experiencing several choices ~~are~~ certainly ~~helpful-thandwarf~~ the mentioned uniformity ~~on-in the~~ previous paragraph. However, change and risk not always bring about success in life and they may render unwelcome results. Last but not least, I strongly believe that the outcome of different experiences even negative ones leads to everyone being more mature. In particular, this invaluable point is gained provided each individual wants to experience new options by their own will otherwise impelling others does not have an effective impact.

Consequently, further to the above explanation, even though wanting to change totally depends on everyone's characteristics, it ~~is~~ usually leads to more successes and creativity in people's life.

(1 hour & 45 minutes)